



EIELSON AFB RESTRICTION OF MOVEMENT (ROM) GUIDANCE

29 Jan 21

Contain COVID – Remain Fully Mission Capable

What: Mandatory Restriction of Movement (ROM) Procedures. ROM is travel-related unlike isolation and quarantine which are medically-directed.

Who: All personnel traveling from locations outside of Alaska (including returning Eielson personnel, TDY personnel, transient aircrew, new inbounds, civilians, visitors, family members, etc.).

When: For 10 days with potential modifications to ROM conditions (outlined below).

*This guidance does not cover medical isolation and quarantine, defined as follows:

Medical Isolation – person tested positive for COVID-19

Medical Quarantine – person having close contact with someone testing positive for COVID-19

ROM PROCEDURES:

- All Eielson-assigned inbound or returning TDY personnel must:
 - Adhere to latest Alaska travel guidance for residents while off-base.
 - Wear a mask and maintain 6 feet of distance from anyone outside your household, on or off-base, for 10 days.
 - Unless otherwise directed, personnel are not restricted to base (follow Alaska guidelines off base).
- Personnel on ROM may not dine at sit-down eating establishments.

ROM MODIFICATIONS:

These modifications do not apply to medical isolation or quarantine requirements.

- Unit Commanders will ensure ROM requirements are met.
- Commanders may modify ROM procedures and conditions based on the following:
 - Mission requirements
 - Ability to maintain social distancing in work areas upon return
 - Travel exposure risk and itinerary during travel
 - Ability to isolate COVID-19 spread in the event of an infection
 - COVID-19 conditions in areas of travel and workplace
 - Test results upon return travel into state of Alaska
- If unable to ensure 6 feet of physical distancing and mask wear on duty, Commanders will consider:
 - Alternate duty locations
 - “Test out” options
 - Cohort/shift management
- Additional guidance and/or restrictions apply to personnel TDY to Eielson AFB.
- Commanders may approve travel restriction of movement (ROM) for visitors in on-base residences. For additional guidance, see *Handout: Friends and Family Guidance*.

If you develop any COVID-19 symptoms (fever, cough, loss of taste or smell, or other flu-like symptoms), DO NOT GO TO WORK. Isolate yourself from others, inform your chain of command, and contact the 354 MDG at (907) 377-1847.

NOTE: For all emergency situations call 911

For the latest Air Force Guidance: <https://www.af.mil/News/Coronavirus-Disease-2019/>

For the latest CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

For the latest State of Alaska Health Mandates: <https://covid19.alaska.gov/health-mandates>